
INTO THE WOODS

Overhead and Underfoot



With some simple tools, kids can have fun learning about trees and the animals that live in the woods

MAKE IT FUN:

BARK RUBBINGS: All you need is a sheet of white paper (lightweight preferred) and a wax crayon. Peel the paper covering off the crayon.

1. Find a tree with interesting bark.
2. Place the piece of paper against the tree's trunk.
3. Use a crayon to rub the paper, capturing the bark's texture.

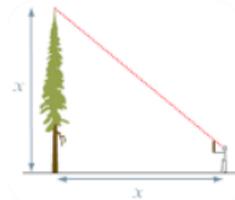
MAKE A JOURNAL



1. Have fun decorating the outside of your journal with stamps
2. Take a colored pencil or crayon and your journal along on a hike
3. Sit quietly for 10 minutes and look around you. Draw a picture or write about what you see and hear

MEASURING TREE HEIGHT

1. Have someone hold a stick upright on the ground about 60 feet from the tree you are measuring
2. Position yourself about 6 feet further away and lying close to the ground look where the top of the tree come to on the stick. (A yardstick works great)
3. Have your helper mark the point on the stick (they can move their hand up and down until you say "stop".
4. The height of the tree will be about 10 times the height marked on the stick



Forest No Pick Scavenger Hunt

 <p>PINE CONE</p>	<p>OAK LEAF</p> 	<p>Woodpecker holes in tree</p> 
<p>Listen for three different sounds in the woods</p> 	<p>Gray Squirrels are active all year, even digging under snow to find buried nuts. It can smell them under a foot of snow.</p>	<p>Gray Squirrel</p> 
<p>Acorn</p> 	<p>Red Squirrel</p> 	<p>Our smallest squirrels, red squirrels, build their nest of leaves in a tree hole or an empty woodpecker nest</p>
<p>A tree smaller than me</p> 	<p>A tree with two trunks</p> 	 <p>Maple leaf</p>

Make a Nature Bracelet



To make a bracelet, take duct tape and wrap it around your wrist with the sticky side out and secure the ends together. As you walk around your yard, collect nature items that attract your attention. Then put them on the bracelet.



Take a Snag Walk

While walking in the woods count how many dead trees (called snags) you see. What animals do you think might use them as a home or as a place to find food?

Leaf Art

THINGS YOU'LL NEED:

Non-toxic fabric paint	Newspaper to protect the surface
T-shirt	you are working on
Leaves	Small Paint brush
Craft paint roller	Paper Towel

1. Using the paint brush dipped in one color of paint -paint the underside of a leaf where the veins are more pronounced
2. Carefully place that surface down on the T-shirt
3. Cover the leaf with a paper towel
4. Apply equal pressure to all parts of the leaf with the paint roller (also called a brayer)
5. Remove leaf and let paint dry
6. Meanwhile using another leaf and another color paint, follow directions 1-5

HINT – you can also use ferns instead of leaves



BE A DEER

Deer have larger ears than humans and can move them to pinpoint the direction of sounds. They can individually rotate their large ears in different directions at the same time. This makes them very good at pinpointing the location of the source of a sound.



Cup your hands and place them behind your ears and see if you can hear sounds better.

How to see a deer:

- ***Be quiet and slow down.***
- ***Avoid unnatural sounds like zippers, candy wrappers, and talking.***

These pages have been created by the Stanton Bird Club Lewiston, ME